



This program is sponsored by:



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Saturday, February 2, 2008 (cont.)

2:45 **CONCURRENT SESSION 8**

- A. Saskatoon Production-Small Berry, Huge Potential**-Jim Hruskoci, UNL Extension
- B. Conservation Practices in Organic Production**-Liz Sarno, UNL Extension
John Quinn, Healthy Farm Index
- C. Cooking Grass Fed Beef**-Kevin Newlin
- D. Food Nutrition & Safety**
Alice Henneman, UNL Extension

4:00 pm **SEE YOU NEXT YEAR!**

Motel Information:
Go to: <http://www.visitomaha.com>

You are responsible for making your own lodging reservations.

Questions:
Contact:
Gary Lesoing, UNL Extension
(402) 274-4755

Monte Stauffer, UNL Extension
(402) 444-7804

Brian O'Malley, Metro Community College
(402) 457-2615

Sponsorship & Booth information:

Matt Blomstedt-NSAS coordinator
402-432-9467
angelab@neb.rr.com

UNIVERSITY OF
Nebraska
Lincoln
EXTENSION

2345 Nebraska Avenue
York, NE 68467

Don't miss it. Register TODAY!
Rural Advantage VI
Conference
February 1 & 2 - Omaha, NE

The Rural Advantage:



Profitable & Sustainable
Agricultural Opportunities
for Nebraska



A Joint Conference of UNL Extension
& the Nebraska Sustainable Agriculture Society

February 1 & 2, 2008
Metropolitan Community College
Omaha, NE

Looking for new sources of on-farm income?
Want to financially capitalize on the many advantages of living and working in the country?

Need to find a new enterprise that just might allow you to continue to work full-time on the farm, or help your spouse avoid working off-farm? Then don't delay! This conference is for you.

This **Rural Advantage VI** conference will focus on emerging income opportunities for agricultural producers and rural residents. This practical event will feature regional and nationally known speakers who will share their extensive down-to-earth knowledge of many alternative enterprises.

Friday, February 1, 2008

- 8:00 am **REGISTRATION**
9:30 **Key note speaker**
Rob Marqusee, Director of Rural Economic Development, Iowa
- 9:30 am - 4:30 pm **YOUTH PROGRAM**
- 11:00 **CONCURRENT SESSION 1**
A. **Small Fruit Production**-Jim Hruskoci, UNL Extension
B. **Water Conservation on the Acreage**-Jenny Rees & Gary Zoubek, UNL Ext
C. **Local Food Systems**-Lori Tatreau, Whole Foods Market
D. **Healthy People, Plants & Animals Begins with Soil**-Terry Gompert & Paul Rohrbaugh
- 12:00 **LUNCH**
- 1:00 **CONCURRENT SESSION 2**
A. **Commercial Vegetable Production & Marketing**-Paul Wenninghoff
B. **Water Conservation in the Landscape** Trenton Erickson, UNL Extension
C. **Cheese Making 101A**-Chef Paul Kulik
D. **Nutrition: Local, Organic & Other Perspectives**-Rebecca Bloom
- 2:00 **CONCURRENT SESSION 3**
A. **Organic Vegetable Production & Marketing**-Rebecca Bloom
B. **Water Conservation in the Home**-Sharon Skipton, UNL Extension
C. **Basic Vegetable Cuts**-Chef Brian Young
D. **Food as Medicine**-Pat Mettler

- 3:30 **CONCURRENT SESSION 4**
A. **Production & Marketing of Beef**-Mike Ehlers
B. **Water Quality & Safety**-Sharon Skipton, UNL Extension
C. **Beef in Bulk**-Karl Marsh, Research Chef, Omaha Steaks International
D. **Climbing the Hill of Health** Dr. Greg Hurlbut

6:30 **ALL NEBRASKA DINNER* LIVE AUCTION**

*Cost for the dinner is not included in the general registration. There is an additional \$25 fee per adults and \$12 fee for youth 12 and under for the All Nebraska Dinner. If you plan to attend the dinner, please note this on the registration form and add the additional fee to your payment.

Your registration fee includes 2 lunches, breaks and an information packet. Additional family members can attend for a fee of \$60 per person but this will not include an information packet. One-day attendance is \$45 per person and includes 1 lunch, break and an information packet.

A youth program will be offered for youth ages 6 to 16 from 9:30 am to 4:30 pm on Friday and 9:00 am to 3:45 pm on Saturday.

REGISTER ONLINE:
<http://hort4.unl.edu/cari.htm>

University of Nebraska Extension education programs abide with the non-discrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture

Saturday, February 2, 2008

- 8:00a **REGISTRATION**
- 8:00 **NSAS GENERAL MEETING**
Silent Auction Begins
- 9:00 am - 3:45 pm **YOUTH PROGRAM**
- 9:00 **CONCURRENT SESSION 5**
A. **Natural Meat Production on A Small Farm**-Mary Grace & Ken Thiltges
B. **Farm Bill Update**-Brad Lubben, UNL Extension
C. **Recipe Writing**-Brian O'Malley
D. **Food as Medicine**-Pat Mettler
- 10:30 **CONCURRENT SESSION 6**
A. **Building a Legacy**-Jerry Bond & Rex DeFrain, Legacy Dairy
B. **Energy Conservation on the Farm** John Hay, UNL Extension
C. **Cheese Making 101B**-Chef Paul Kulik
D. **A Look at Health The Reality of Obesity**- Dr. Greg Hurlbut
- 11:30 **LUNCH, ANNOUNCEMENTS, AWARDS**
Cap Note Speaker
Vincent Amanor-Boadu, KSU Wealth Creation as a Valid Rural Development Objective
- 1:15 **CONCURRENT SESSION 7**
A. **Nebraska Woody Florals-Production, Marketing & the Future**-Lin Hangren
B. **Transitioning to Organic Production** Martin Kleinschmidt, Center for Rural Affairs
C. **Chicken Fabrication & Packaging**-Dean Dvorak, Plum Creek Farms
D. **Nourishing Traditions**-Ellie Sodergren

Registration

The Rural Advantage
February 1-2, 2008
Metro Community College
Omaha, NE

Two Day Workshop	\$70	\$
(if before January 25, 2008)		
(after January 25, 2008)	\$80	\$
Each additional person (from the family) can attend at a reduced cost of \$60/person		
Number of additional family members	_____ X \$60	\$
* Day 1 Only; Fee	\$45	\$
	<small>each</small>	
* Day 2 Only; Fee	\$45	\$
	<small>each</small>	
* All-Nebraska Dinner	\$25	\$
	<small>each</small>	
* NSAS Annual Membership		
(discounted from \$45)	\$35	\$
Total Enclosed \$		
* Student rate is \$35		\$
(one or both days)		

Name(s): _____

Address: _____

City: _____

State: _____ **Zip:** _____

Phone: _____

Email: _____

Employer/

Business: _____

Send registration (*payable to the University of Nebraska Extension*) to: CARI
Registration c/o Audrey George, 103H
Miller Hall, Lincoln, NE 68583

Conference Location: Metropolitan Community College, Fort Omaha Campus, 3000 Fort Street, Omaha, NE www.mccneb.edu

Questions: UNL Extension *Gary Lesoing 402-274-4755 *Monte Stauffer 402-444-7804 *Metro Community College Brian O'Malley* 402-457-2615